



## Faby Gel Polish Aftercare & Advice

I know you will absolutely LOVE your nails while you are wearing your gel polish and I expect your nails to last flawlessly for at least 14 days as long as you give them a little care and attention during that time.

Gel polish is pretty indestructible with Normal Wear and Tear compared to regular nail polish, but when it comes to jobs that are tough on our nails like household cleaning and gardening, hobbies that are rough on your hands or using harsh chemical products without wearing gloves; doing these things without protection can affect your gel polish service.

If you do happen to cause some damage to the gel polish coating and see any signs of lifting or peeling please do NOT pick or pull at the lifted area, as this will cause the lifting to increase and could even cause damage the natural nail. Please contact me so I can arrange to assess if a repair is necessary.

If you are on holiday please be careful when using sun tan oils or insect repellent solutions, as many of these products contain DEET which will cause major damage to the gel colour coat.

Please use cuticle oil at least twice a day - especially at night before going to bed. Also beneficial is the use of hand lotion daily (ensure its lanolin free). Regularly using aftercare products (Available to purchase at the salon) will substantially prolong the life of your gel polish and keep your natural nails and the skin surrounding them healthy, moisturised and flexible.

If you wish to temporarily change the colour of your nails whilst wearing gel polish you can use nail enamel over the top but please be sure to use an Acetone Free polish remover when removing nail polish.

Relative to your life-style and activity level, your gel polish will need fortnightly or three weekly maintenance as there will be obvious re-growth. At this point I can either re-apply your gel polish (remove existing gel polish and applying a fresh new colour) or remove the gel polish completely which takes a brief 10 minutes.

If you do decide you want to completely remove your gel polish please call me and let me do it safely for you in the salon. Incorrect removal at home may damage the surface of your nails. I will be able to remove the gel polish using a professional remover and give you a mini-manicure so that your natural nails look perfect